

# Leverage Your Strengths workshop

Greater effectiveness is the result through self-awareness. Each person is unique, with a basic style that they best function at when there is freedom to respond in a completely natural way. Participants gain precision insight of their “true self.”

## What you can expect to receive:

- ◆ Understanding of how participants function most naturally
- ◆ What roles they feel they need to play
- ◆ How an individual predictably comes across to others
- ◆ How to create an environment that reduces stress
- ◆ How combinations of traits affect how the person works most effectively
- ◆ Decision-making style
- ◆ Communication style
- ◆ Back-up style
- ◆ Motivational elements and overriding needs